



Whether staying a couple of hours or a week in Espoo, you can always find unique activities, tours, sights, and attractions to explore all year round! With its location right next to the capital Helsinki, and excellent public connections, it takes only 15–30 minutes to enter the city of Espoo from Helsinki City Center.

Whether you have only:

- 2–3 hours to spare
- Half a day to spare
- The whole day to spare

in Espoo, we've got you covered!
Find Visit Espoo's suggestions at www.visitespoo.fi

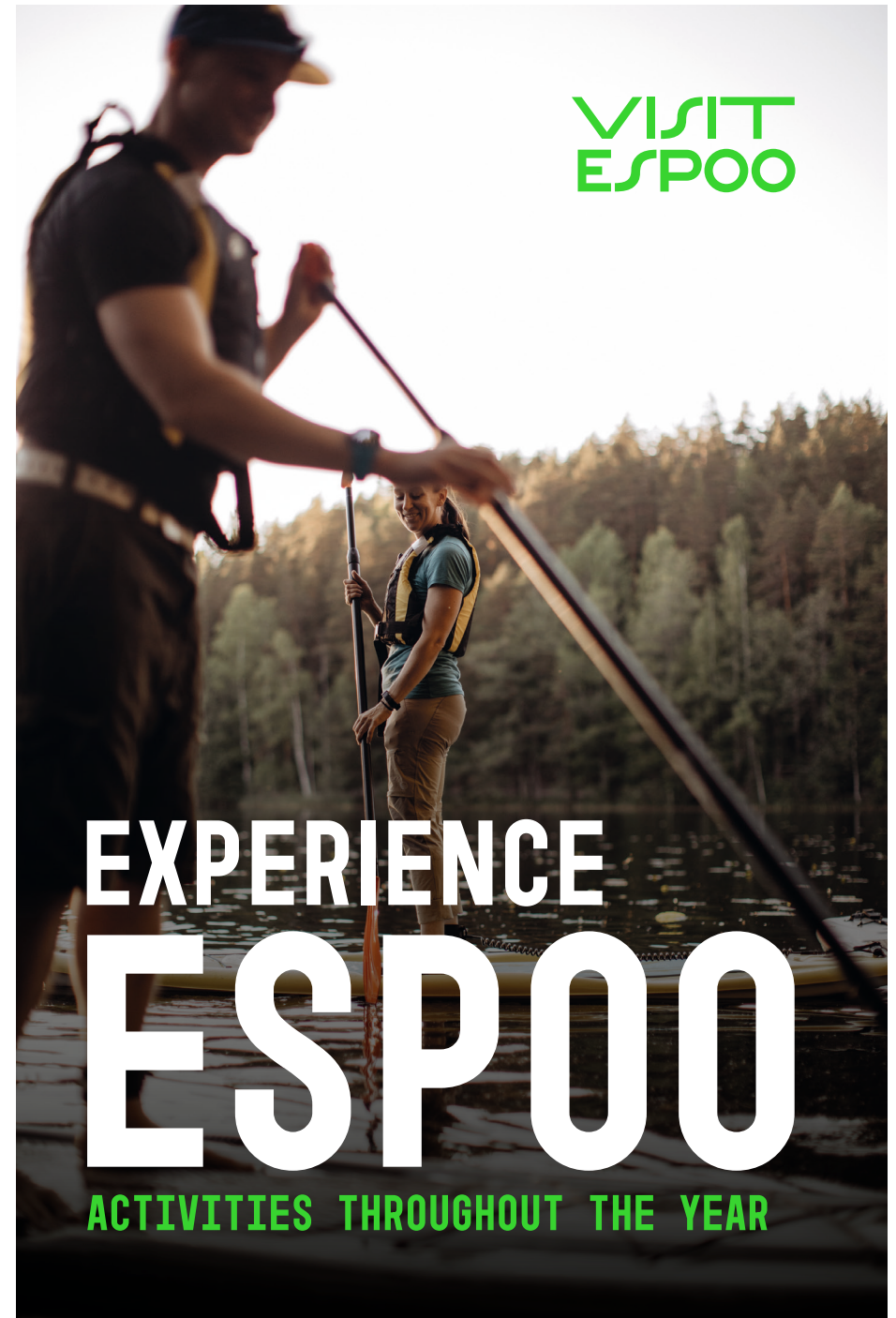
ESPOO TOURIST INFORMATION

We are here to help you to make your stay and visit in Espoo smooth and comfortable. Contact us over the phone, email, or WhatsApp during weekdays between 10:00–15:00 or visit our service points.

Tel. +358 43 824 6866
visit@espoo.fi



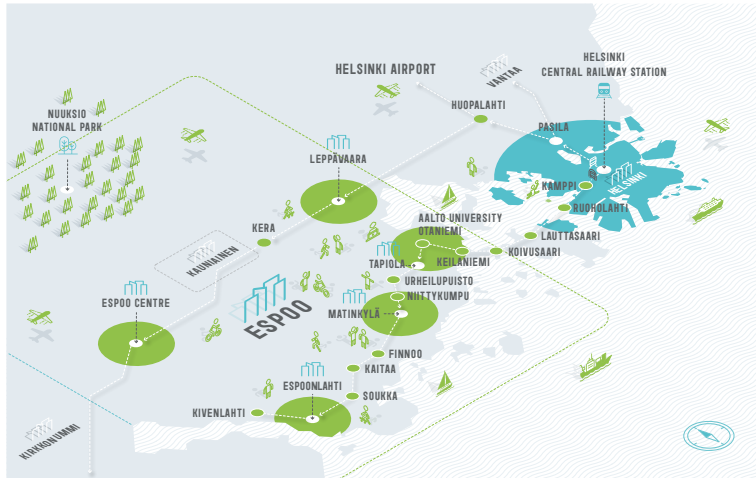
Follow us:
visitespoo.fi/en
[#visitespoo](https://www.instagram.com/visitespoo)



EXPERIENCE ESPOO

ACTIVITIES THROUGHOUT THE YEAR

VISIT
ESPOO



ENTER FINLAND IN MINIATURE – WELCOME TO ESPOO

Here, you will find stunning outdoors at Nuusio National Park, 165 Baltic Sea islands, 95 beautiful lakes and 40 km of the Espoo Waterfront Walkway, as well as delicious cuisine, lovely people, hidden gem architecture, innovation hubs, and fascinating events!

Espoo is located just a 30-minute drive from Helsinki Airport or a 15-minute metro ride from Helsinki City Center! Hop on a local train, tram, or metro, bike your way around, or explore local islands by public boats.

**VISIT
ESPOO**

| | |
|-----------------------------|----------------|
| SEASIDE DISTANCE | 58 KM |
| NUMBER OF LAKES | 95 |
| CYCLING TRAILS | 600 KM |
| CLOSEST AIRPORT | 25 KM |
| NUMBER OF ISLANDS | 165 |
| NATIONAL PARK | NUUKSIO |
| CROSS-COUNTRY SKIING TRACKS | 200 KM |
| DISTANCE FROM HELSINKI* | 10 KM |

* Connected with Espoo by public transportation

NUUKSIO NATIONAL PARK



WELCOME TO NUUKSIO NATIONAL PARK

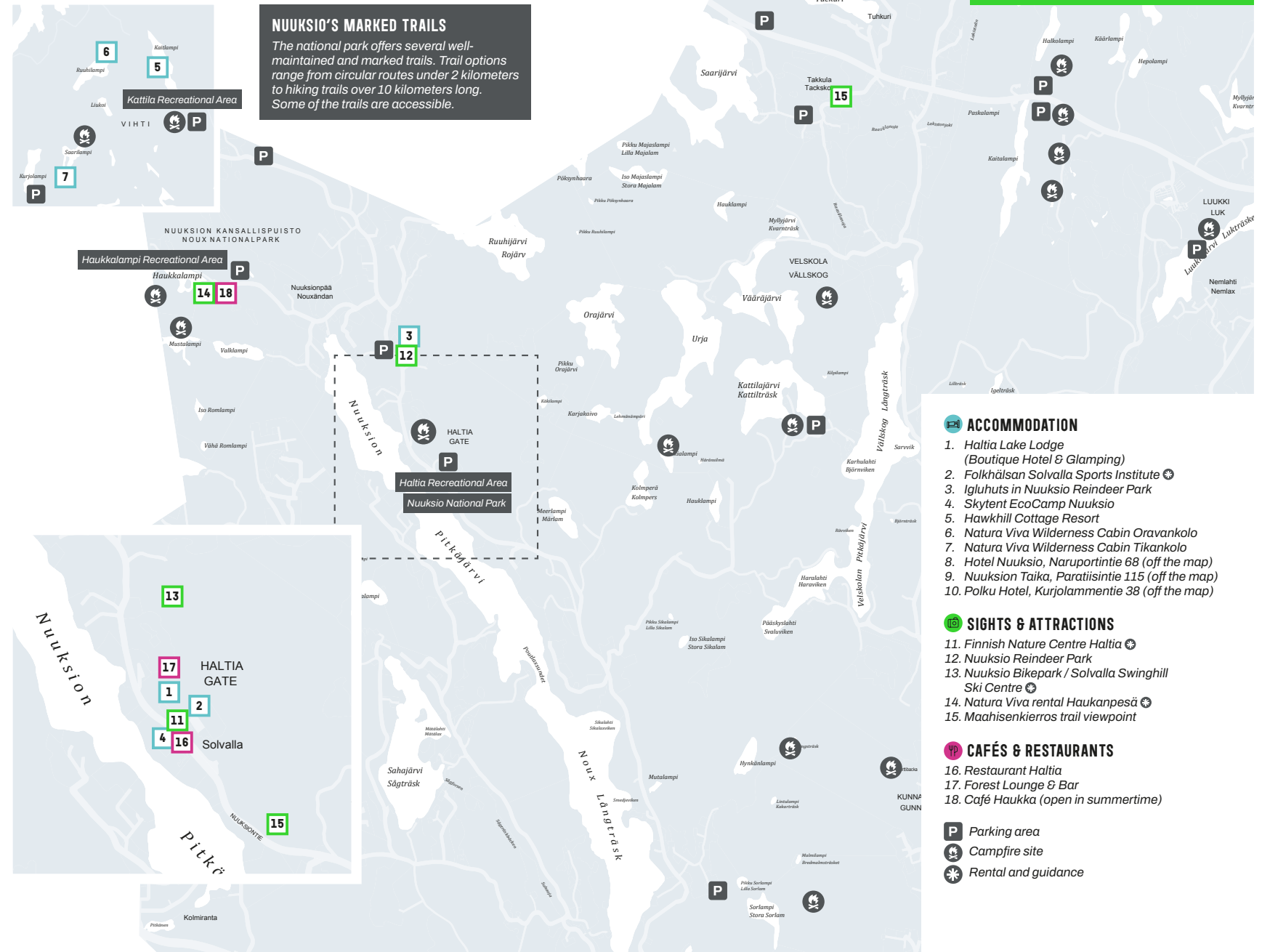
Nuukio is one of Finland's most popular national parks and a bucket-list destination to be visited when staying in Espoo. Here, you can explore tens of kilometers of hiking trails, exciting activities, and glamping stays. Nuukio National Park is also home to the largest flying squirrel population and the southernmost reindeer park.

Visit Espoo recommends

- Reconnect with nature by exploring local trails, having an outdoor picnic or swimming in a lake.
- Fulfill your Finland bucket-list by visiting the southernmost reindeer park, learning about Finnish nature in the Finnish Nature Centre Haltia or enjoying culinary experiences in the woods.
- Explore unique activities connected to Finnish nature or rent sports equipment and enjoy an active day on a kayak, SUP board, rowing boat or canoe.

Pssst... don't leave any trash behind during your trip and remember to follow the Outdoor Etiquette.

NUUKSIO NATIONAL PARK



OITTAÄ & KORPILAMPI DISTRICT



🏠 ACCOMMODATION

1. Hotel Korpilampi 📍
2. Backby Manor

🏛️ SIGHTS & ATTRACTIONS

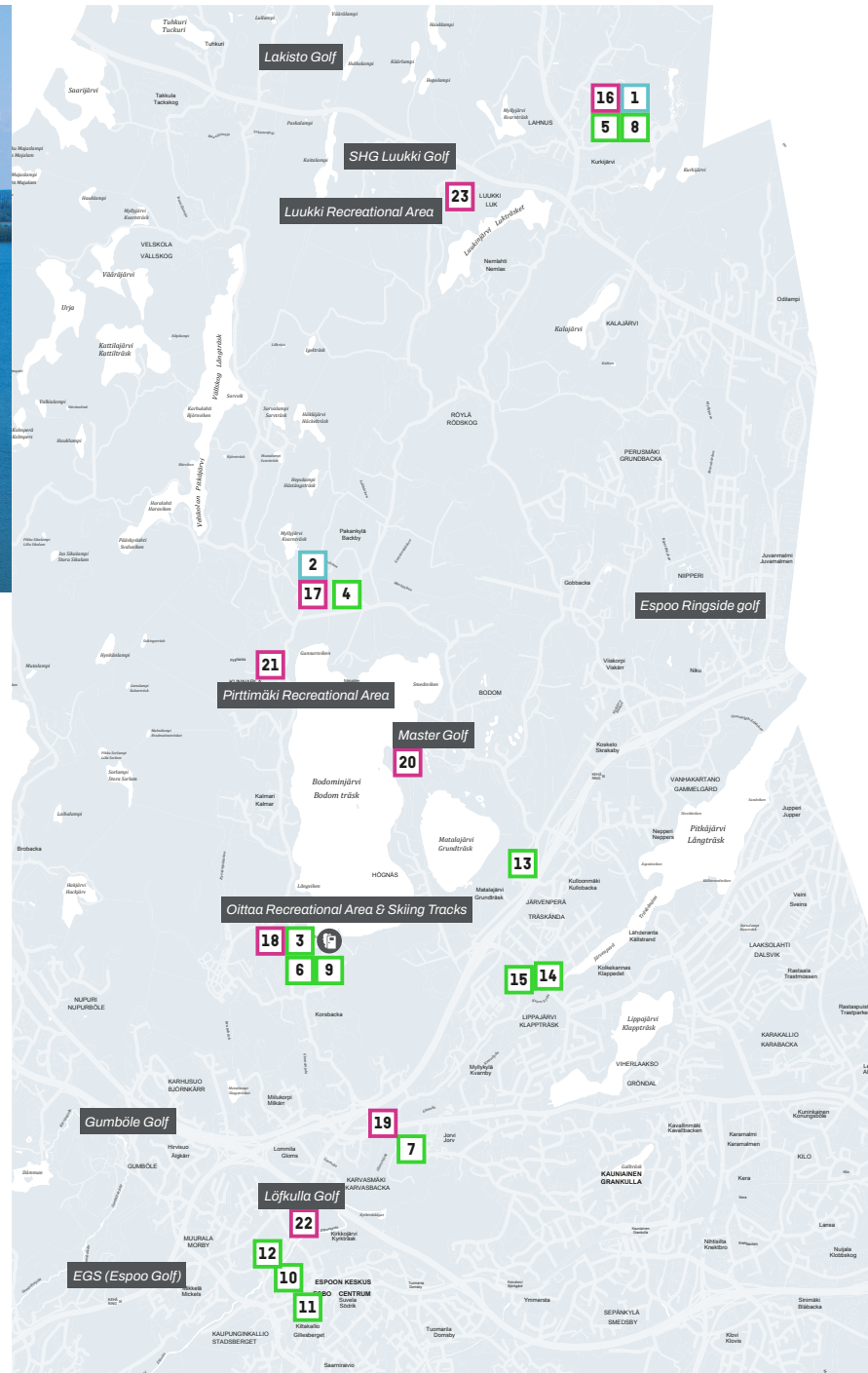
3. Hiihtocenter Oittaa 📍
4. Espoo Car Museum
5. Natura Viva rental in Korpilampi 📍
6. Adventure Golf Oittaa
7. Farmstead Museum GLIMS
8. Serena Ski Resort & Waterpark 📍
9. Angry Birds Park
10. Kannusali Music Hall
11. Helinä Rautavaara Museum
12. Espoo Cathedral
13. Marketta Park
14. Children's Cultural Centre Aurora
15. Träskända Manor Park

☕ CAFÉS & RESTAURANTS

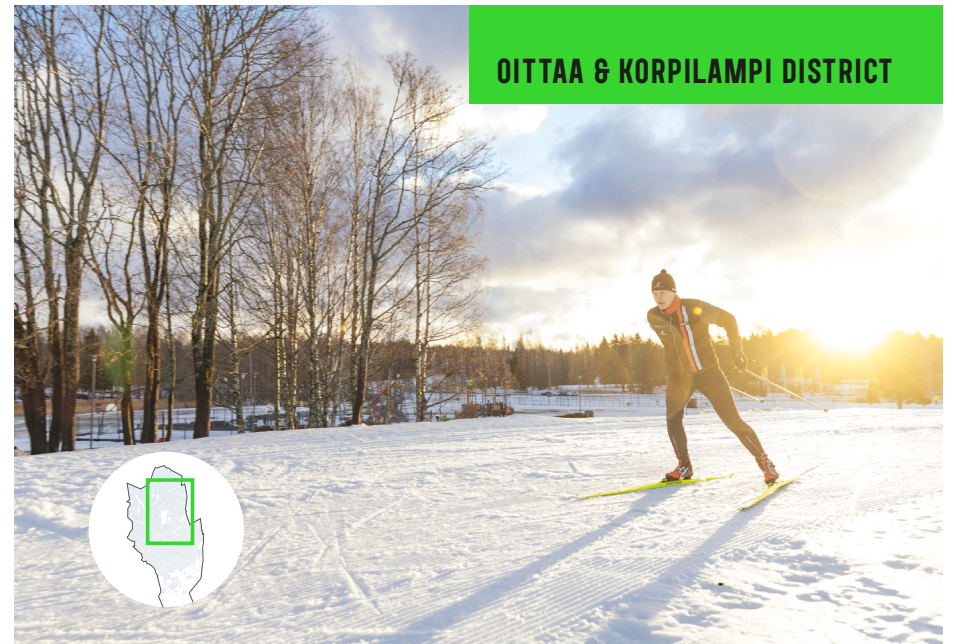
16. Restaurant Korpilampi
17. Restaurant Backby
18. Oittaa Café & Restaurant
19. Bemböle Coffee House
20. Bodom Manor
21. Café Pirttimäki
22. Café Löfkulla
23. Manor Café Luukki

🛀 Sauna

📍 Rental and guidance



OITTAÄ & KORPILAMPI DISTRICT



EXPLORE ESPOO'S LARGEST LAKE AREA

Whether you are looking for an active holiday or exploring Finnish nature, Espoo's largest lake area is a perfect place to be. Explore from outdoor walking trails and well-maintained cross-country skiing tracks at Oittaa Recreational Area in wintertime over lakeside accommodations, saunas, and golf courts to countryside restaurants and beautiful manors. Hotel Korpilampi invites you to relax in a charming forest setting, and for those who love exciting activities, the popular Serena Ski Resort and the year-round Serena Water Park are nearby.

3 Recreational Areas to put on your bucket list:

- Oittaa Recreational Area
- Luukki Recreational Area
- Pirttimäki Recreational Area

SEASIDE & ARCHIPELAGO

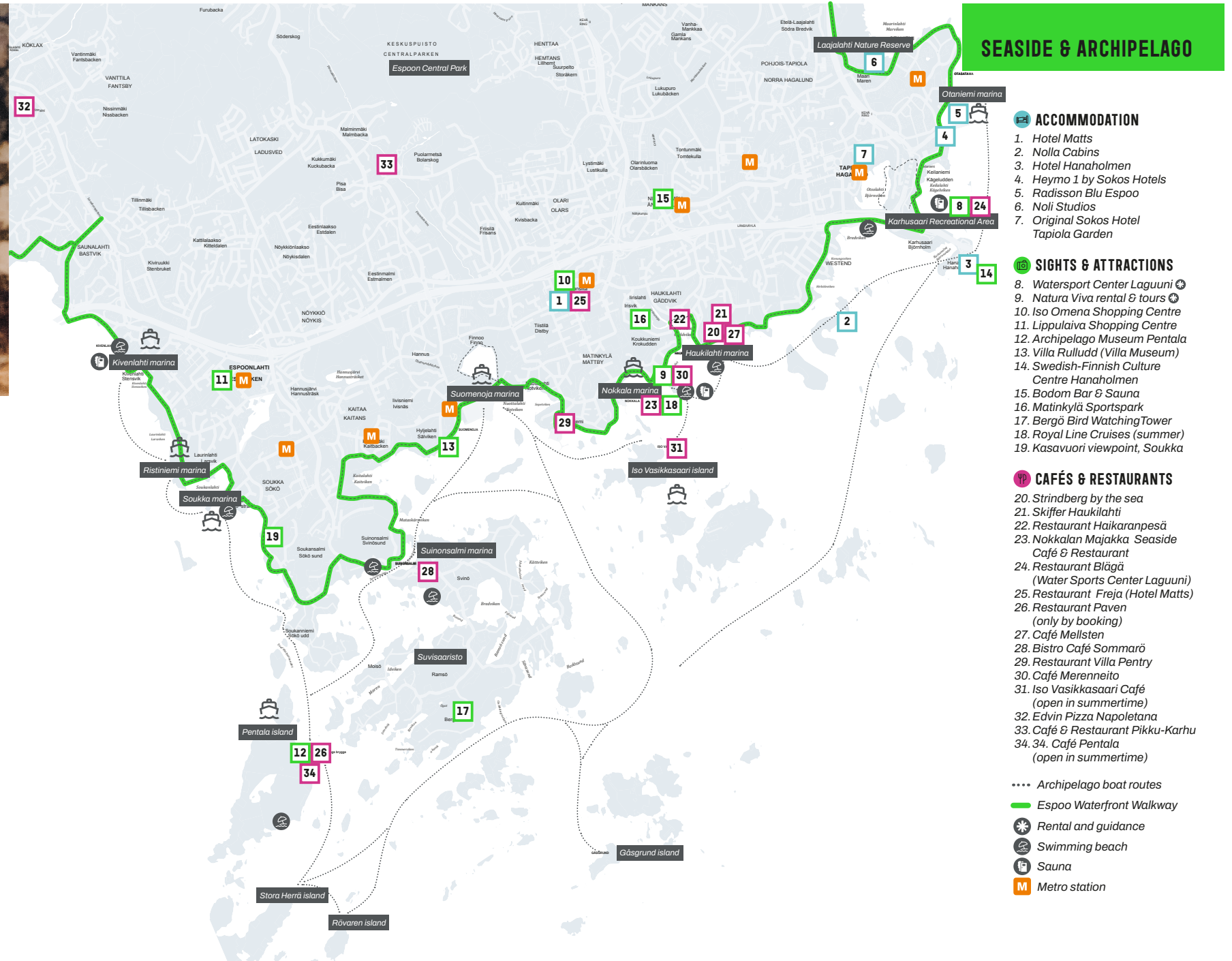


REFRESH YOURSELF BY THE SEASIDE & ARCHIPELAGO

Happiness is spending time by the sea, and in Espoo, it couldn't be any easier with 165 islands, the beautiful Baltic Sea, and 40 km of Espoo Waterfront Walkway to be explored! Besides the cozy cafés and restaurants along the sea, you can dive into water-based activities or enjoy a day trip to one of the local islands.

Visit Espoo recommends:

- Hop on the scheduled public boats and visit 5 different Espoo islands during summer season.
- Explore 40 km long Espoo Waterfront Walkway by bike or by foot and test seaside cafés and restaurants.
- Enjoy Finnish sauna or unique activities along the coast from arctic kayaking to wakeboarding.



SEASIDE & ARCHIPELAGO

ACCOMMODATION

1. Hotel Matts
2. Nolla Cabins
3. Hotel Hanaholmen
4. Heymo 1 by Sokos Hotels
5. Radisson Blu Espoo
6. Noli Studios
7. Original Sokos Hotel Tapiola Garden

SIGHTS & ATTRACTIONS

8. Watersport Center Laguuni
9. Natura Viva rental & tours
10. Iso Omena Shopping Centre
11. Lippulaiva Shopping Centre
12. Archipelago Museum Pentala
13. Villa Rulludd (Villa Museum)
14. Swedish-Finnish Culture Centre Hanaholmen
15. Bodom Bar & Sauna
16. Matinkylä Sportspark
17. Bergö Bird Watching Tower
18. Royal Line Cruises (summer)
19. Kasavuori viewpoint, Soukka

CAFÉS & RESTAURANTS

20. Strindberg by the sea
21. Skiffer Haukilahti
22. Restaurant Haikaranpesä
23. Nokkalan Majakka Seaside Café & Restaurant
24. Restaurant Blägä (Water Sports Center Laguuni)
25. Restaurant Freja (Hotel Matts)
26. Restaurant Paven (only by booking)
27. Café Mellsten
28. Bistro Café Sommarö
29. Restaurant Villa Pentry
30. Café Merenneito
31. Iso Vasikkasaari Café (open in summertime)
32. Edvin Pizza Napoletana
33. Café & Restaurant Pikku-Karhu
34. Café Pentala (open in summertime)

- Archipelago boat routes
- Espoo Waterfront Walkway
- ☀ Rental and guidance
- 🏊 Swimming beach
- 🛀 Sauna
- M Metro station

CULTURE & EVENTS



ACCOMMODATION

1. Heymo 1 by Sokos Hotels
2. Radisson Blu Espoo
3. Noli Studios
4. Original Sokos Hotel Tapiola Garden
5. Nolla Cabins
6. Hotel Hanaholmen
7. Forenom Hostel Espoo Otaniemi

SIGHTS & ATTRACTIONS

8. Water Sports Center Laguuni
9. Ainoa Shopping Centre
10. Espoo Metro Areena
11. WeeGee Exhibition Centre (incl. EMMA - Espoo Museum of Modern Art, Espoo City Museum, Futuro House)
12. The Museum of Play Leikki
13. The Finnish Museum of Horology and Jewellery Kruunu
14. Aalto University Campus
15. Nature House Villa Elfvik
16. Espoo Cultural Centre
17. & Espoo Theater
18. A Bloc Shopping Center
19. Tapiola Ice Garden & Café Hile

CAFÉS & RESTAURANTS

20. Café WeeGee
21. G. O. A. T. Restaurant
22. Restaurant Fat Lizard
23. Fat Lizard Tap Room (& brewery tours)
24. Restaurant Well 7
25. Bistro O Mat
26. Deliberi Tapiola
27. Restaurant Grill it!
(Original Sokos Hotel Tapiola Garden)
28. Kaisan Café
29. Lucy in the Sky
30. Bistro Ranta (Radisson Blu Espoo)
31. Anne's Vege
32. Restaurant PLATS (Hotel Hanaholmen)
33. Restaurant KotKat
34. Restaurant Kipsari (fully vegan restaurant)

Sauna

Vuokraus ja opastus

Metroasema

CULTURE & EVENTS



EXPERIENCE MORE THROUGH LOCAL SIGHTS, ATTRACTIONS & EVENTS

Whether arriving in Espoo for a vacation or business trip, you can always find unique local sights, attractions, and stories behind them. Explore modern art exhibitions and the world-known Alvar Aalto architecture over Finnish design, innovations and science hubs, as well as the taste of Finnish cuisine and fascinating events.

Be part of the destination and join local happenings, tours, and festivals. Find them all at Visit Espoo Event Calendar – events.visitespoo.fi

Visit Espoo recommends:

- Get to know the local culture gems including the Alvar Aalto designs or spend a day exploring local museums.
- Treat yourself with delicious Finnish cuisine and breathtaking views from an own island or a rooftop terrace.
- Rent a City Bike and ride to a local mall or cultural centre.

ACTIVITIES



ACTIVITIES



ENTER THE CITY OF EXCITING ACTIVITIES

You may spend hours staring at the wonderful views and nature creatures at the Laajalahti Nature Reserve or try out some activities all year round! .Come to enjoy kilometers of cycling trails or well-maintained skiing tracks, sport fields, outdoor areas, and international sports events.

Visit Espoo recommends:

- Discover the beauty of Laajalahti Nature Reserve, join the guided tours of bird and bat watching or enjoy local nature paths.
- Spend an active day at Leppävaara Sports Park and swimming pool, and challenge your friends and family in Treetop Adventure Huippu park.
- Come to cheer the best athletes at Leppävaara Stadium and harness racing drivers and horses at Verno Areena or enjoy music festivals in the area.

ACCOMMODATION

1. Glo Hotel Sello
2. Forenom Aparthotel Espoo Leppävaara

SIGHTS & ATTRACTIONS

3. Sello Shopping Center
4. Treetop Adventure Huippu (8 minigolf)
5. Outdoor Swimming Pool
6. Angry Birds Park
7. Leppävaara Stadium and Kameleonten Sports Center
8. Verno Areena
9. Sellosali Music Hall
10. Gallen-Kallela Museum
11. Espoo Kahvipaahtimo Coffee Shop
12. Nature House Villa Elfvik

CAFÉS & RESTAURANTS

13. Villa Lilla Restaurant
14. Glo Grill Kitchen (Glo Hotel Sello)
15. Tarvaspää Café Zoceria
16. Verno Restaurant Ravilla



SUSTAINABILITY & RESPONSIBILITY



SUSTAINABLE HOLIDAY

As a visitor, you can also act responsibly and environmentally friendly by choosing Sustainable Travel Finland -certified tourism services or joining one of the local conservation projects.

SUSTAINABLE TOURISM

We have something for everyone - whether you are a tourist with reduced mobility, visually impaired, or a family travelling with children. In Espoo and its surrounding areas, you will find many accessible attractions, activities, and experiences. Accessibility is also considered in public transportation. We truly believe that traveling belongs to everyone, regardless of background, personality, or sexual orientation. We encourage local tourism services to focus on providing outstanding visitor experiences with openness, accessibility, fairness, and equal treatment for each visitor.

In 2024, Visit Finland awarded Espoo the Sustainable Travel Finland (STF) destination label as a recognition of Visit Espoo's and the local businesses' commitment to developing and continuously promoting sustainable tourism.



[Read more about the STF program](#)

